



NYING-JEY PROJECTS for TIBETAN COMMUNITIES (Australia) INC  
625 NORTONS ROAD PARAPARAP VIC 3240  
**Ph:** 0425 765 757; **Email:** njprojects@gmail.com

## PRESIDENT'S MESSAGE

**Geshe Sonam Thargye – President NJP**



*Dear members and friends*

*Thank you all so much for your continuing support of Nying Jey Projects. Your help is making a huge difference to the lives of the people you support. I believe that your support particularly for education opportunities in Tibet, is more valuable than building temples or stupas, because you are giving Tibetans a chance for a better future.*

*In October, I went to Tibet and met many of the nuns and students and their families. Before my visit, Dr Darren Fahroedin and some friends also went to Ganzi and helped to give out the sponsor money from NJP. When I went I was also able to take some money and pass it on to the students and nuns.*

*There are some wonderful things happening for Nying Jey Projects this year.*

*Firstly, NJP is now able to expand its Scholarship Program to include forty new students from the Ganzi area. This came about because of a remarkable donation made to NJP for this purpose and I was also able to provide money as well. There is now a fund of US\$300,000 over 3 years to support tertiary education for young people in Ganzi.*

*Historically it is an amazing thing that forty young people from the Ganzi area can go to university. In the past this would be absolutely impossible. The only future for them would be farming or other types of manual work. Now through the support of Nying Jey Projects, the children are receiving a good basic education and have the chance to aim for a professional career.*

*During the Tibet tour in June, I will be involved in the process to select the students, who will receive the scholarships. Information about this will be put on the website for all sponsors and members to see.*

*We are also planning a major update of our information about our beneficiaries especially in Tibet. This year during the Tibet trip, we will collect new data about students on our program eg new photos, age, current schooling levels and results, family details, hobbies, interests and aspirations. This data will be collated and sent to sponsors as soon as possible. I would like to thank everyone for their patience and understanding even when they don't get any information about their sponsored child or nun for a long time. It is very difficult to organise this with the people in Ganzi. We try little by little to make improvements, but I understand that this can be frustrating for sponsors. I think this will be much better in future.*

*For example, last year, many letters arrived in Australia brought back by me and Darren Fahroedin, but after translation, we found that many didn't have ID numbers or full names and the writer couldn't be identified. So we couldn't pass all these letters on to sponsors. While in Tibet, we will be giving everyone very clear instructions about using ID numbers and other correct details, when they are writing to their sponsors or seeking sponsorship.*

*Another big task happening right now is a complete update of the NJP website. One of our new committee members has agreed to take on this job. There will be new photos and other information brought back from Tibet, an update of the information already there, and a completely new look to the website. I want to say thank you very much to Colin Kelsall for all his work with the NJP website over the last six years.*

*Once again, thank you to everyone and my very best wishes for your health and happiness.*

**Geshe Sonam Thargye**

## SECRETARY'S REPORT



### **HELEN WRIGHT**

*I have been working for Geshe Sonam Thargye in various capacities for ten years now, mainly in event organisation and administrative tasks, but also driving, interpreting, as a research assistant and gardening.*

*While I only took over the NJP secretary job in 2008, I have been involved with NJP since 2002 when Geshe Sonam initiated the first Sacred Footsteps from the Roof of the World Tibetan Monks Mandala Tour. I organised and managed that tour and four subsequent tours in 2003, 2005, 2007 and 2009.*

*One of the main purposes of the monks' tours has been to create opportunities to showcase Nying Jey Projects as well as seek new sponsors, members and donors for NJP. Many of our sponsors first encountered the sponsorship program at one of the Sacred Footsteps mandala events in NSW, VIC, SA or the ACT. These tours play a huge role in helping to promote the organisation and connecting people with Tibetans in need. Our NJP information with all the photos of those seeking sponsorship is always prominently displayed at the venues along with sponsorship application forms and NJP brochures. Our tour of 2009 enabled over one hundred new students, nuns and monks to find sponsors.*

*There will be a Sacred Footsteps Tour in 2011 and we look forward to connecting more new people with NJP and meeting up with some of our old friends.*

*Nying Jey Projects took the opportunity to set up an information stall at the Sydney Entertainment Centre in December last year during the Dalai Lama's tour. Some new sponsors came on board at that event, but it was also a great opportunity to highlight the organisation in front of a wider audience.*

*I will be accompanying the Tour to Tibet in June/ July and will be helping to collect the updated data mentioned by Geshe Sonam. I am very much looking forward to experiencing the Tibetan culture in Tibet and seeing for myself how the NJP program helps the local people.*

# TREASURERS REPORT



**CHERYL HOPWOOD**

*Hi all. My name is Cheryl Hopwood and I have just taken over the role of treasurer from Vikki Gage. Thank you Vikki, for all your hard work during your period as treasurer, and many thanks for all your assistance in making the transition for me a whole lot easier.*

## **INFORMATION**

*When sending receipts via email, I have noticed that quite a few regularly bounce back.*

***If you have changed your email or postal address, please let me know your new details as soon as possible.***

*Our email address is [njprojects@gmail.com](mailto:njprojects@gmail.com)*

*This will enable us to keep our databases up to date.*

## **NEWSLETTER**

*If you have received this newsletter via mail and would like to help cut down on paper usage – please let me know if you are able to receive via email*

## **CURRENT STATISTICS**

*Please find listed below our current statistics for sponsorships.*

	Sponsored	Needing Sponsorship	TOTAL
Students	218	<b>67</b>	285
Scholarships	12	<b>1</b>	13
Monks	195	<b>136</b>	331
Nuns	136	<b>40</b>	176
<b>TOTAL</b>	<b>561</b>	<b>244</b>	<b>805</b>

## REPORT FROM PETER JOST.

*Late last year, Peter and a couple of friends headed over to Ganzi, Tibet. Below is just a small extract of Peter's journey.*

*We arrived after dark in Ganzi. The family came down to help us carry our stuff in, all very excited to see Darren again, after he and his family stayed with them 3 years ago. I was struck at the way the 40-something year old mother picked up a 20kg pack, put it on and quietly waited while everyone got their stuff, as though it was the most natural thing in the world. So strong and resilient! Although there was little common language, it was clear to see that they had great affection for Darren. The prepared yak and boiled potatoes weren't really enticing, but we ate what we could. A bedroom with 3 modern beds waited for us. It was a relief to not be bouncing around any more.*

*The next morning I woke up to hear massed shouting - soldiers at the nearby barracks. The first couple of days were spent visiting and distributing sponsors' money to various nunneries - it is enough to make a real difference in what they eat. It was a privilege to get to visit and be received by whoever was available (sometimes nearly all the nuns were out harvesting barley). The nunneries varied from middling-poor to quite large and the nuns were very excited to see the visitors and very grateful for the donations. An indication of the power-structures still in place was that these nunneries are still all headed each by a man - women can only ascend the hierarchy so far. Several of them were insistent that we should return next year! It was moving to see how pious and well meaning the nuns were, and a real privilege to meet them and see their homes. They had been affected by the recent unrest and were obviously quite traumatised by it. A number of the nunneries gave us each a bag of stomach medicine - apparently highly prized - they were brown marble-sized balls that smelt strongly of that woody Chinese medicine smell. Unfortunately we couldn't bring them back with us so left them with our hosts.*

*We spent the rest of the nunnery-days exploring Ganzi, marvelling at the people, "tashi-delek"-ing every second person and organising transport to Dzogchen Gumpa to start our trek. We planned to walk westward from the beautiful lake Yilung Lhatso. Gasan helped us find a driver - they were all standing around waiting for business, in the centre of town. The interestingly named "Dogger" was a thickset guy with a crew-cut who looked pretty thug-like and untrustworthy - but Gasan, who is not a tall bloke at all, knew him and unconcernedly pushed the zipper up and down on Dogger's sweater while negotiating. We had a look at his 4WD - a newer Pajero, and agreed (mainly because Gasan said he was OK). Although Dogger was concerned about trouble with the police checkpoints on the way to Dzogchen gumpa, there were none. He turned out to be a really good driver - slowing down BEFORE bends and before any people on the road. His brother came along as well - we'd said no other passengers but I realise now that this is an unreasonable request for long distance travel - they need a co-driver and the backup.*

*Before we left Ganzi, the daughter took us to the temple(s) next to their house at 7am one morning. One of these temples is where the Chinese princess Wang Chen(?) rested the important Buddha statue she brought with her overnight, on her way to Lhasa and king Songsten Gampo. It was still dark, and cold, but there were hundreds of locals there, prostrating, walking the koras, and waiting while the early morning ceremony occurred. We sat with them inside the old temple, but outside the inner sanctum, and waited and waited. Eventually a monk came around a number of times to splash*



*special water on each of us with a peacock feather. I was already in a different state of mind due to the cold and my aching bones from sitting on the wood floor (getting old now), the sounds of the monks and their instruments, and the repeated mantras of the people around us. The water, when it came was very cold and contributed to that other state of mind as the drops soaked in to our clothes and hair. People were passing soft drink bottles though the seated crowd to be filled with holy water by the monks. Now and then money was also passed up to them. An old lady passed me some notes to send up, so I reached over the aisle and passed them on to the nearest person - a small boy - who promptly put them in his pocket! It took a lot of waving and quiet attempts to catch his attention to get him to extract the notes and send them on to their intended destination!*

**Editor note:** Peter, Darren and Peter then headed off to Dzogchen Gompa for sightseeing and trekking – the story picks up on their return to Ganzi...

*So next morning was the big day, that we had changed our plans to be present for.*

*In the morning parents and children gradually accumulated on the balcony to be present for Darren's speech and the presentation of money. Darren wanted pictures for Nying-Jey, so Pete and I snapped away. After a while there were enough people to get started, but the interpreter hadn't arrived. One of the older students stepped in to interpret in the meantime. After a few phone calls the translator breathlessly rushed in and sat down - stressed because there was a friend in an English exam with only 30 minutes to go, that needed 'help' via a text message right now! I was pressed into keying in the necessary English composition while she translated for the presentation. It was sort of strange to be actively 'doing evil' on one hand, while being involved with a worthy charitable cause on the other! Darren gave his speech to the assembled masses which was translated and drew the appropriate responses. Afterwards Darren, Pete and I were all presented with katas - one from each child for each of us - maybe 50 each - we were buried under them. There was lot of waiting around during the rest of the day while funds were distributed, and during that time the interpreter mentioned that 2 students she knew were very good students and very needy and wanted to go to university but had no chance of affording it.*



*One was already on the list - that was the girl who had stepped in to translate, and one not. Anyway I had been impressed with the girl who had translated and decided to offer to sponsor her through uni. Coincidentally Pete was interested in sponsoring the other one - a boy with no parents - he was the only child in the school dormitory who didn't get to go home on weekends. So that was a very happy outcome for them and for us. I was surprised how much it affected me - I think it was because I could see the actual person whose life I could make a difference to.*

*Our last day in Ganzi was spent mainly shopping. There are a number of antique shops and many, many shops of cloth, trinkets, religious gear, incense, etc etc. Given that there are almost no foreigners in these parts, these can only be for locals. Even Chinese tourists are a rarity. I have trouble understanding why such an attractive colourful area would have no tourists. A really surprising pattern that emerged during the day was that we were almost always charged what appeared to be the real local price - first off. Anyone who's travelled in Asia would know how unusual that is, and I still don't understand it. Whether Tibetan or Chinese it was the same. Maybe everyone is on their best behaviour after the unrest last year. Anyway, we reaped the benefit! Crazy silk and (imitation) fur hats, motorcycle mittens, Buddhist drums, North Face jackets etc etc.*

*Towards the end of the day we finally walked up to the gumpa that overlooks town. The old town at the base continues to have a very old feel to it. I was surprised at the changes to the gumpa itself from 20 years ago. It had been extended left and right, and now had white shiny ceramic tiles on its adobe walls. Nice enough I guess, but I much prefer the traditional materials. I had read of a woman being arrested here for photographing a 'state secret' - a military base nearby, and now I understood why - there was a security camera on a pole at the front of the chanting hall! Also there was an actual signposted police station in the monastery itself. I had brought some pictures of the gumpa and Ganzi with me from 20 years ago, and as expected the monks were very interested. They recognised a number of people in the photos. We returned home past an old peoples home "Nyima Home for Aged persons" or similar that was set up a few years ago by a Swiss/Tibetan radiologist Nyima, who spends 6 months a year here. No sooner had we stopped at the gates than an elderly group of women started to make their way towards us in slow motion. As everywhere it was "Tashi Dele" and an upheld palm of the hand. They were very friendly - pleased to have the diversion I guess.*

*And next morning it was time to leave. We had planned to hire a 4WD and driver but Namgyal insisted on driving us to Chengdu in his Buick hatchback! We thought he was crazy - the roads and our weight would kill it, but no, that morning as it was snowing, we somehow jammed our 3 backpacks and ourselves in, and set off. The snow was a complete change to the balmy weather the Ganzi valley had every day. Well suffice to say, we actually did get back to Chengdu without incident, and after a brief frenzy of present and gear buying, returned home.*



## Report from Dr Darren Fahroedin

### The Magic of Ganzi, Oct. 2009

It's almost 2 weeks since my return, and I'm still abuzz with the magic of Ganzi, Tibet (SW China). In 2007 I ventured there with my family. We made a profound connection with the people and the place and we vowed to return, having seen the challenges that faced the local Tibetans. To consolidate that connection, on my return to Australia, I joined the NJP committee.

In 2007, His Holiness the Dalai Lama visited the Drol Kar Buddhist Centre. Aware of the work of Nying-Jey Projects, he emphasised the importance of supporting the education of Tibetans. He also encouraged us to visit Tibet to see for ourselves what conditions were like & ensure that the money we sent was being well spent.

I returned to Ganzi in October 2009 & I feel I have done just as he suggested. Seeing all this first hand, I can say the funds are being utilised just as we intended & it is making a difference....a big difference.

It was an incredible journey on many levels, as one might expect. I had the privilege of representing Geshe Sonam Thargye, NJP's founder & president, the NJP committee in Australia, all the Australian sponsors. In that role I had the honours of reading a speech prepared by Geshe Sonam & helping to distribute the sponsors' money direct to the nunneries & the children/families.

We have a NJP committee on the ground in Ganzi & they too work voluntarily with dedication. It was great to meet them & see them at work (no small task when it is time to distribute funds).

I don't think I can begin to convey the immeasurable goodwill & gratitude that was showered upon me & my 2 travelling companions that was obviously meant to be shared with all of you, but I will at least attempt to share some of the magic.

We visited each of the 6 nunneries with sponsored nuns surrounding Ganzi. Each nunnery was unique; the location, the spectacular mountain backdrop or outlook, and the radiance of the nuns made each visit memorable.

It is true to say the sponsorship money plays a vital role for the nuns. Particularly in this past year, where circumstances have been tremendously difficult for them, it has made the difference of knowing they can have regular meals. It is as plain & simple as that.

It cannot be underestimated that when the monasteries & nunneries flourish, the community at large flourishes & vice versa. It is that integral to the Tibetan way of life as far as I can understand.

We heard some heart wrenching stories from the nuns, and at the same time, felt blessed to be in the presence of their strength, courage & faith.

I will echo their request for support in the form of not only sponsorship but in prayers & best wishes & as supporters of the Tibetan people & culture in general.

In practical terms, the simplest & best gift items, if you wish to send a gift to your sponsored nun, are things that keep them warm through the winter months: hats/scarves/gloves/blankets/etc. – polar fleece is great as it is lightweight to send but very warm. The traditional colours of maroon & yellow are ideal.

We temporarily adjourned from NJP tasks & headed west for more incredible immersion in the Tibetan way of life, the local festivities & Buddhist practices at Dzogchen monastery & then on to go hiking amongst mountains, streams, sacred lakes & meditation caves. The snow transformed an already pristine landscape into something that felt at times beyond this world.

Returning to Ganzi we spent a day surrounded by the many children & their families who are sponsored through NJP. The day was filled with a sea of excited children's faces matched by the warmth & gratitude of their parents. Meticulous record keeping by the committee was surely a highlight, as children carefully wrote their names, addresses & concluded with a fingerprint to ensure all funds found the correct child. The traditional presenting of katas almost saw us disappear under a mountain of silk scarves.

My two travelling companions, who it seems timely to introduce; Dr Peter Ryder & Peter Jost, arrived as a sponsor of a nun & with no knowledge of NJP respectively. They have both returned as sponsors of students now destined to go on to university study. Not only that, they are both poised to join the NJP committee. Both of which highlight to me the magic of Ganzi, its' people & the real difference NJP sponsorship makes to their lives.

It is clear; the funds made available for Tibetans to study are opening up opportunities that might otherwise be closed to them. With education comes more choice & self determination and an ability to escape poverty. In turn, they can begin to support family & community. It begins in such a simple way; your sponsorship, yet the benefits continue on.

Finally I must thank the NJP committee in Ganzi, particularly Nogyal & family, for yet again making us feel like family. Galsang & Drolma provided such wonderful support & invaluable interpreter skills so we could gain the incredible insights into life in Ganzi.

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On behalf of the committee, I would like to thank Soyang, Janeece Kelsall & Fiona Crawford for their many years of wonderful service to the NJP committee.

To the standing committee, thank you one & all, for another great year.

To Geshe Sonam Thargye, thank you again for your vision & inspiration.

Dr Darren Fahroedin  
Vice President, Nying-Jey Projects

- Editor's note – Darren's trip did not utilise any NJP funds & was entirely self-funded

## Like to Visit your sponsored Monk, Nun or Student in 2010?

Geshe Sonam is offering NJP Sponsors & Friends the opportunity to travel with him on trips to Tibet or India in 2010.

TIBET trip will take place from June 16 – July 8, 2010  
(only a few of weeks to go – **HURRY**)

INDIA trip will take place in Nov 2010

PLEASE REGISTER YOUR INTEREST BY RETURN EMAIL  
OR BY PHONING OR EMAILING OUR TOUR ORGANISER.

Vikki Gage on 03 52531626 / 0414958491

[lhazee@tpg.com.au](mailto:lhazee@tpg.com.au)



## REPORT FROM CATHY ROWE

Like many NJP sponsors, I decided to join the sponsorship program after becoming a regular visitor to the sand mandala being made during the Sera Jey Monks' visit to my home town.

That was years ago now and I never could have imagined that this decision would mean I would one day find myself experiencing the generous hospitality of a Nunnery high up in the mountains of Tibet! But, this is exactly where I found myself in November last year when I was lucky enough to accompany Geshe Sonam on a trip to his home town.

Although Tibetans are renowned for their generosity I don't think I was prepared for the sheer extent of the warmth and friendship offered to me during my short stay in Tibet. Everyone from strangers on the street to Geshe-la's family, constantly smiling, looked after me in way I've never quite experienced before.

Likewise, I could not have prepared myself for the moment when I met, Gongo - the nun to whom my sponsorship was allocated when I joined the NJP program. Gongo and I had exchanged a few letters in the past, often waiting a long time for the opportunity for translation to arise, but really we knew very little about each other. My meeting with her, however, contained the mutual warmth of old friends.

Gongo arranged for me to come and spend a night with her at the Nunnery where she lived. Feeling the strange weakness that comes from altitude sickness, there wasn't much I could physically do while there. I was humbled to stay in the Nunnery's most special room &, although it was obvious the nuns didn't have many resources, I was offered a constant array of delicious food. Several of the nuns spent the night with me in the guest room, making sure I was warm enough and insisting that I rest every time I attempted to help with anything!

Who knows if I'll ever get to return to Tibet during my lifetime but as we made the trip through the mythic mountains, vultures circling their peaks, I knew that I'd been given a rare and precious opportunity to visit a country, whose most precious treasures are the hearts of its inhabitants



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# IMPORTANT THINGS TO NOTE

## POSTAL ADDRESS:

**NYING-JEY PROJECTS  
625 NORTONS ROAD  
PARAPARAP VIC 3240**

**Please send all cheques, letters for translation and general correspondence to this address.**

## EMAIL

**njprojects@gmail.com**

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## UNIDENTIFIED PAYMENTS

We are receiving a couple of payments on a monthly basis via Direct Credit that we are unable to identify, as there is no I.D.

**This means the payments cannot reach their intended beneficiary.**

One payment is on the 1<sup>st</sup> of the month for \$25.00

The other on the 6<sup>th</sup> of the month for \$15.00

As these payments cannot be identified, the monetary amount is used as a donation to NJP

**If you believe you may be the donor of these transactions, please contact NJP as soon as possible.**

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# Sending letters or packages to Tibet

## IMPORTANT UPDATE

We wish to advise that recently it has been difficult to communicate in and out of Tibet. If you have not received any letters from your sponsored nun or student, please be patient. The remoteness makes it sometimes extremely difficult to get things out.

Also, we have had confirmation that possibly up to 20 nuns from the Baroona nunnery are currently in jail. The remaining nuns are ensuring that these women are being cared for, and purchasing their needs with your sponsorship money.

### BENEFICIARY'S DETAILS & ADDRESS

(Photocopy or scan Name, ID & Address below to make a mailing label)

**name** (eg Tashi)

**ID:** eg S000

NAMGYAL  
EAST TOWN 33  
GANZI COUNTY  
BISCHUAN PROVINCE  
P.R of CHINA

中国四川省甘孜州甘孜县东大街 33 号

洛 呷

ཀཀའ་མཚོ་རྒྱུ་ཀཀའ་མཚོ་ཕུང་ཤར་  
ཀྱི་སྐོམ་ཚེན་སྐོམ་ཡིག་ཙམ་33ཙམ་གྱི་རྒྱུ་  
ཀྱི་ཕུང་ཤར་རྒྱུ་རྒྱུ་ཤར་

### Letters

Most letters to your student/s will need to be translated into Tibetan by NJP. We ask you to please send your letter into NJP at the above address with a stamped self-addressed envelope. When your letter has been translated it will be sent back to you with your original letter, ready for you to post off to your beneficiary in Tibet, using the address for Ganzi above. Don't forget to write their Name & ID number on it.

Some students can read & write English, or have access to someone who can translate for them. But until you establish that within your contact to your student, we suggest you send them into Nying-Jey for translation.

Letters from your student/s will usually arrive back to NJP, where they will be translated and then mailed to you along with the original. Those students that can read and write English may write directly to you. Please be patient as this process can take some time.

It is best to keep your letters short and simple and please do not mention the Dalai Lama as the Chinese Authorities may confiscate or censor the letter if it is inspected. Send them photos of yourself, family and pets and ask them for their photos and birthday.

**Gifts:** T-shirts, fleecy windcheater/coat/jackets, jumpers, thick socks, beanies, gloves, shoes, ugg boots, toiletries, writing sets, action comics, Australiana, bookmarks, soccer balls, stickers, toys, games, hair accessories, school bags/backpacks, sleeping bags (rated to -20), marbles, frisbee.

## SENDING LETTERS OR PACKAGES TO TIBET

### Sera Monastery

House #26B, SERA JE MONASTERY  
P.O. BYLAKUPPE-571104  
DISTT' MYSORE (KS)  
SOUTH, INDIA

### Gyumed Monastery

GYUMED TANTRIC UNIVERSITY  
P.O. GURUPURA - 571188  
HUNSUR TALUK, DISTT' MYSORE (KS)  
SOUTH, INDIA

TEHOR KHAMTSEN, TEHOR GANZI SHEKANG  
P.O. TIBETAN COLONY CAMP 2  
MUNDGOD – 581411  
DISTT- KARWAR, KARNATAKA STATE  
INDIA

### Writing to Your Monk

Write to them directly using the address shown in the Beneficiaries Details on the first page. **Be sure to place their Name & I/D up the top of the address.**

### Letters

The letters will be translated over there and they will write to your home address in English, (hopefully). Please be patient as a lot of the monks cannot read or write English and they have to find someone who can. This usually results in your letters being in entirely different handwriting styles and wording. So just be aware of this if you think the wrong monk is writing to you.

Your monk will be delighted to receive your letters and very interested to learn about you and your family, including the family pet. They in turn will write to you and tell you about their life and family. Due to the lack of English, you can assist them by keeping your letters short and simple. Don't write a long type letter, which will severely stretch their available resources. Instead go for smaller, more frequent letters. Check see if they have email access, an increasing number of monks do. A special bond usually develops where they hold you in their thoughts and prayers.

### Gifts

You may also send small gifts to them, but a word of warning. Due to the extreme poverty throughout India, some articles have gone missing in the post. We have found the extra cost of registering our parcels is a good guarantee of their safe arrival.

Items such as the following are very useful - socks, beanies, mittens, gloves, hand towel, fleecy windcheater or jacket (*full length zip*). (colours: maroon, red, gold, yellow, brown). sandals, writing set, Australiana, bookmarks, torch (either rechargeable or long battery life), quality sleeping bag, thermos type drinking mug, electric hair clippers, toiletries, nail clippers, notepads, address books, mosquito repellent (cream).

## YOUR NYING-JEY PROJECTS TEAM

### **President**

Geshe Sonam Thargye

### **Vice President**

Dr Darren Fahroedin

### **Secretary**

Helen Wright

### **Treasurer**

Cheryl Hopwood

### **COMMITTEE**

Vikki Gage

Susan Dixon

Cathy Wilson

Graham Wilson

Peter Jost

Peter Ryder