

# FIRST REPORT OF 2025 (JCN)



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Jangchub Choeling Nunnery

MONTHLY REPORT

[January to March]

**I Believe That Life Is Meant To Bring Us Happiness. Negative Actions Always Bring Pain And Sorrow, But Constructive Action Brings Us Pleasure And Joy.**

----- His Holiness the Dalai Lama



**MUNDGOD/ JANGCHUB CHOELING NUNNERY / 31/03/2025**

Prepared by: - SAMTEN AND CHOEZOM

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## INTRODUCTION:-

Dear highly respected sponsors, supporters, and well-wishers,

We are excited to announce the release of the **first Report for 2025**, which is quarterly in January, February, and March, finding you with a peaceful and warm smile. We invite you to read the report from Jangchub Choeling Nunnery below. We are thrilled to share these updates every two to three months with our valued readers, especially our generous sponsors and supporters.

Thank you for your unwavering commitment to our mission of preserving Buddhist spiritual culture and strengthening the nunnery community. Together, we are making a meaningful impact in the lives of many.

The report is available on **our website**. Please feel free to share it with your network, friends, and family to help spread awareness about the lives of our nuns and our spiritual journey.

Thank you for your continued support and generosity.



Here, goes the **REPORT OF JANGCHUB CHOELING NUNNERY!**

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## 1. SCIENCE EXHIBITION:-

On January 2nd, the Library of Tibetan Works and Archives in Dharamsala held a science exhibition at Jangchub Choeling Nunnery. Nuns of Jangchub Choeling would like to extend thank words for sharing your valuable knowledge with us.



**The relationship between Buddhism and science is complex and multifaceted, with both areas offering valuable insights into understanding reality.**

## 2. Exploring opinions after JANG GUN CHOE:-



In November, more than 70 nuns went to Bodh Gaya to attend the 28<sup>th</sup> Nuns Winter Debate Session. After returning, the nuns are refreshed and reminded of the important points, lessons, and opinions they learned during the winter debate session and perform them in the form of a debate.

**Exploring opinion after JANG GUN CHOE among nuns for mental clarity through debate sessions.**

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## 3. NEW YEAR PREPARATION: [TIBETAN NEW YEAR]

On February 25<sup>th</sup>, 2025, we started the preparations for Losar (Tibetan New Year) by making different kinds of KHAPSE and cleaning the nunnery's environment as well as our rooms.



❖ **KHAPSE:** KHAPSE is a traditional Tibetan cookie made during Losar. We made a large number of KHAPSE in various designs and distributed them to all the nuns as well as to nearby monasteries and communities.

❖ **LOSAR:** Tibetan Losar is a New Year festival celebrated in Tibet and by Tibetan Buddhists worldwide. This year, the Tibetan Losar 2023 festival was on 28<sup>th</sup> February.



Jangchub Choeling Nunnery wishes all our Dharma friends and supporters to  
**Happy LOSAR.**

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## 4. SPECIAL PRAYER AFTER LOSAR (110 VOLUMES):-

On March 7th, we began reading the sacred texts of Buddha, known in Tibet as the **KHAGUR AND TENGUR**.



During the reading of the sacred text of Buddha.

We followed this with one lakh Tara prayers (**DOLMA BHUMDHAR**) dedicated to His Holiness, other revered souls, our sponsors, supporters, and devotees. These prayers are for the well-being of all sentient beings and aim to remove negativity and obstacles.



## 5. NOVICE ORDINATION: [GETSULMA]:-

The Getsulma ordination has 36 vows for developing the mind. The **GETSUL** itself means” **the one who’s training in virtuous conduct**”. Becoming a nun means joining a community of Sangha.

On March 11, 2025, His Holiness the Dalai Lama conferred the Getsul preliminary novice vows to 75 candidates, including reincarnated lamas and foreign participants, at his residence in Dharamshala.



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So, we are delighted to share that **THIRTEEN** of our young nuns have been given a unique opportunity to receive novice ordination from His Holiness Dalai Lama.



**OUR NUN DEHEAN KHASDON RECEIVED A NOVICE ORDINATION.**

### 6. Monastic Science Student Workshop:-

Eight nuns from Jangchub Choeling had the opportunity to attend a leadership workshop organized by the Library of Tibetan Works and Archives in Dharamsala from March 24 to April 12, 2025. This three-week workshop is being attended by 40 nuns from five different nunneries across India.



**Nuns had the opportunity to participate in a science workshop at the Library of Tibetan Works and Archives in Dharamsala.**

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## 7. NEW ADMINISTRATORS:-

On April 1st, 2025, the nunnery appointed three new administrators, each assigned different responsibilities. One nun serves as the cashier, another as the accountant, and the third nun is responsible for attending external meetings and related work. These administrators are fully accountable for all administrative tasks within the nunnery. Their term of service is two years.

In addition to the administrators, many other staff members have various responsibilities. The administrators oversee all of these duties. The new administrators for the years 2025 to 2027 are **Ven. Ngawang Dolma la, Ven. Tenzin Palmo la, and Ven. Samten Choedon la.**



We would like to express our heartfelt gratitude to our administrator for their dedicated two years of hard work. At the same time, we warmly welcome our new administrator for the term  
**2025–2027.**

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## 8. VISITORS: -

Jangchub Choeling Nunnery expresses great joy in meeting our supporters, sponsors, and well-wishers who have visited and engaged in meaningful discussions with our nuns. We are grateful for the opportunity to meet our sponsors in person and share our personal life experiences and cultural exchange with them.

**Over the past three months, we have had the pleasure of hosting several visitors at the nunnery:-**



A Group of Supporters  
from FRANCE AND CANADA.



**MR. PAUL SKSYA from GERMANY.**

**We warmly welcome all of you and sincerely appreciate your presence.**

## CONCLUSION:-

In conclusion, we wrap up our current report filled with love and gratitude for all the support and kind thoughts directed towards us. We urge you to stay safe and healthy. We are thankful for everything we have, even in light of what we might lack.



**We have more than 20 nuns from Western countries who love to learn scriptures together with young nuns.**

**THANK YOU!  
HAVE A JOYFUL MONTH!**

**Prepared by: - Samten and Choezom**